

Pregnancy can be stressful under any circumstances. Having a pregnancy with complications can be overwhelming.

The Inova Fairfax Hospital Perinatal Concerns Program can help provide you with the tools and resources necessary to reduce your stress and fear.

Through education, preparation, anticipatory guidance, medical referrals and links to community services, you will be empowered to achieve the best possible outcomes for you and your family.

For more information about the Inova Fairfax Hospital Perinatal Concerns Program please contact:

Inova Perinatal Concerns Program  
Inova Fairfax Hospital  
3300 Gallows Road  
Falls Church, VA 22042  
703-776-6103



INOVA FAIRFAX HOSPITAL

Supporting families through complicated pregnancies

Contact us at:  
703-776-6371



Many families who are told they are likely to have a baby with chronic health needs, a significant birth defect, or a severe anomaly that is incompatible with life are frightened and confused.

You may not even know what questions to ask.

The Inova Fairfax Hospital Perinatal Concerns Program is intended to remove the burden of the unknown, to guide you to the available resources and to help you cope more effectively with these complex and emotional issues.



Some of the services we can provide for you include:

- In-depth education about your/your baby's diagnosis
- Antenatal counseling
- Bereavement counseling
- Advance tours of the Neonatal ICU and Perinatal inpatient units
- Referrals for genetic screening
- Coordination of care
- Assistance developing an adaptive birth plan
- Referral to Specialists (Surgeons, Cardiologists, Geneticists, etc.)
- Referrals to peer-to-peer support in the community
- Referrals to hospice
- Assistance making advance funeral arrangements
- Follow-up education and counseling related to future pregnancies

- Referrals to community support groups
- Referrals to NICU Family Support Program
- Referrals to Child Life for siblings



Whether it is continuing a pregnancy only to have hospice services ready upon delivery, supporting a family who has chosen to terminate due to a severe birth defect, or setting up medical care services prior to the discharge of an infant with a chronic health need, the Perinatal Concerns Program Staff will provide links and referrals to needed services.